



GROWING HEALTHY COMMUNITIES

Local organic farms, CSAs (community-supported agriculture programs), community allotment gardens, and backyard veggie gardens are examples of **sustainable food systems** that produce fresh locally grown produce for healthier communities.

Need inspiration to grow your own food? VanDusen's Vegetable Garden is full of tasty, nutritious varieties that are easy to grow and available locally. So choose a few and get started!

All summer, VanDusen's Summer Camp kids help out in our veggie garden, building a deeper understanding of where their food comes from and learning about sustainable food growing.

WHERE DOES YOUR PRODUCE GO?

70% of what we grow is donated to the Gathering Place Community Centre, which prepares hot meals for those in need. The remaining portion goes into delicious farm-to-table dishes, served fresh at Shaughnessy Restaurant, located on-site! To give back, the restaurant donates to local food groups promoting food equity and security.

We thank the Vancouver Master Gardeners for generously supporting this project