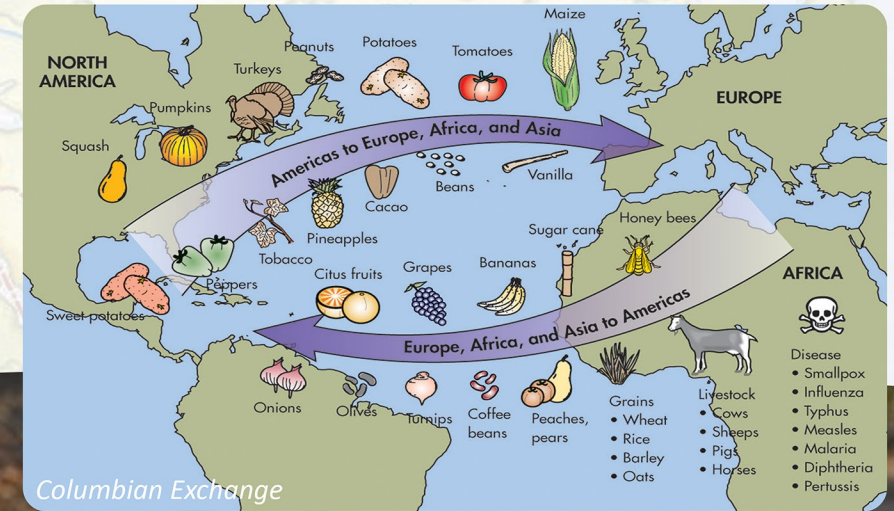


THE COLUMBIAN EXCHANGE

When Christopher Columbus landed in the Bahamas in 1492, initiating the colonization of the Americas by Europeans, it forever altered the landscape and its peoples. With this came the exchange of crops and livestock between the planet's two greatest land masses - the Americas (the New World) and Eurasia-Africa (the Old World). This has been dubbed the "Columbian Exchange", after Christopher Columbus.



Picture life without your morning coffee! People were reluctant to accept new foods at first but today it's hard to imagine Italian cuisine without tangy tomatoes, Asian food without the heat of chili peppers and Vancouver without our coffee culture.

Maiden voyages

From the Old World, rice, sugar cane, bananas, grapes, citrus, coffee and more were introduced to the Americas and in turn, tomatoes, potatoes, corn, chili peppers and chocolate were brought back to the Old World.



Farm workers harvest chili peppers in India